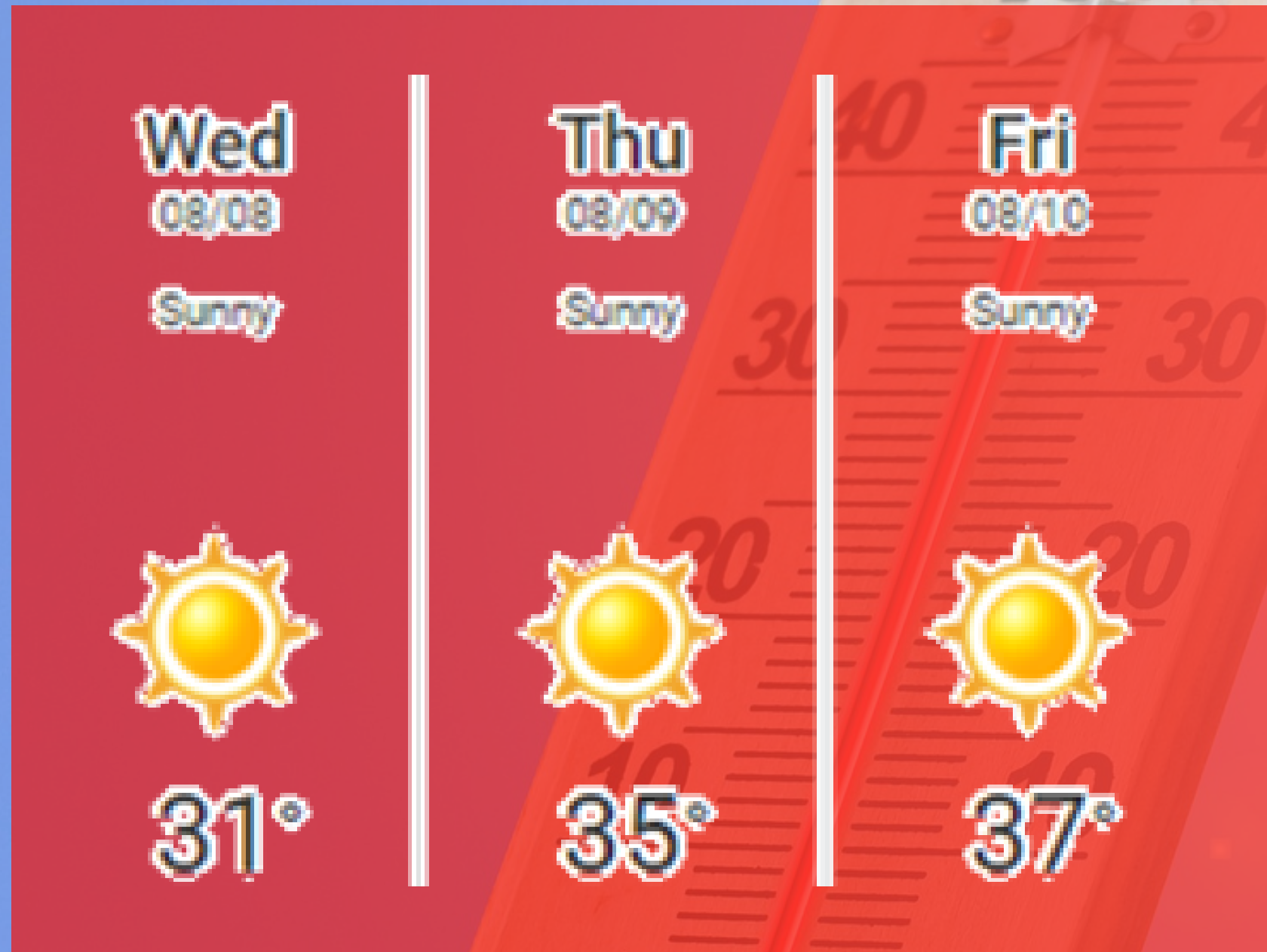


# HEAT WARNING IN CALGARY



## TALK TO YOUR REFEREE BEFORE YOUR GAME

- Officials are encouraged to administer a 2 minute water break in each half.
- Water Breaks are part of playing time. Games must start and finish on time.
- Example game structure - 2 minute break at 22nd minute. Half time. 2 minute break at 67th minute.